

# ANTI-DOPING POLICY

UPDATED: JUNE 2022



Scottish  
**Volleyball**

## Anti-Doping Policy

### Statement of Intent:

**“Scottish Volleyball is unequivocal in its opposition to drugs in sport and strictly adheres to the WADA (World Anti-Doping Agency) code. All elite athletes who compete at Commonwealth or World/European levels are required to register for out of competition testing and complete the Play It Clean anti-doping programme”**

Scottish Volleyball is committed to protecting the fundamental rights of athletes to participate in drug-free sport and in so doing promote health and well-being and fairness for athletes and players competing in volleyball.

All athletes have the right to compete in our sport knowing that they, and their competitors, are clean. The use of performance-enhancing drugs and other doping behaviour severely damages the legitimacy of sport and undermines the integrity of clean athletes.

The Scottish Volleyball anti-doping policy adopts the [UK Anti-Doping Rules](#) published by UK Anti-Doping (or its successor), as amended from time to time. Such rules shall take effect and be construed as the rules of Scottish Volleyball. Scottish Volleyball’s policy is consistent with the World Anti-Doping Code (currently 2021) which governs anti-doping internationally, is updated yearly, and is published on our [website](#).

Scottish Volleyball is a member of the Fédération Internationale de Volleyball (FIVB) and of the Confédération Européenne de Volleyball (CEV). As such all athletes, coaches, and volunteers associated with Scottish Volleyball must abide by the UK Anti-Doping Rules and adhere to the FIVB/CEV Play It Clean anti-doping programme, which all international athletes must complete before representing Scotland within International championships and tournaments. This certificate must be uploaded on the player’s Scottish Volleyball member profile under credentials as soon it is received from FIVB.

Useful links:

- [UK Anti-Doping Rules](#)
- [FIVB Play it Clean e-learning programme](#)
- [WADA Prohibited list](#)

Scottish Volleyball commits to adopting and implementing updates to UK Anti-Doping rules as published by UK Anti-Doping (or its successor).

[100%Me](#) is UK Anti-doping's athlete-centred programme which aims to increase understanding of drug-free sport amongst the whole sporting community through providing high quality, relevant information on anti-doping, and promoting the positive attitudes and values of sports men and women in the UK who have competed successfully in sport drug-free.

Sport is about competing and performing to the very best of your ability. If athletes have to use prohibited substances or methods to improve their performance, they are cheating themselves and their fellow athletes.

The 100%Me values are:

-  Passion
-  Respect
-  Integrity
-  Determination
-  Enjoyment

These are the attributes of world class sports men and women who commit themselves to drug-free sport. Athletes with these qualities know what it's like to win without drugs because they have confidence in themselves and their preparation for an event.

The 100%Me message will be delivered to Scottish Volleyball athletes and athlete support personnel within relevant competitions by established UKAD accredited national trainers.

### **The Therapeutic Use Exemption (TUE)**



A means by which an athlete can obtain approval to use a prescribed prohibited substance or method for the treatment of a legitimate medical condition. Athletes should advise all medical personnel of their obligation to abide by the anti-doping rules of their sport and that any medical treatment received must not violate these rules.

When prescribed a substance or method, athletes should find out whether the medication is prohibited by checking the Global DRO (Drug Reference Online). If the medication is not prohibited, athletes can start using the prescribed medication or treatment.

There are specific requirements for when an athlete needs to apply for a TUE depending on their competition level. International athletes (as defined by their International Federation) should submit TUE applications to their International Federation.

For more information on Anti-Doping procedures please contact [antidoping@scottishvolleyball.org](mailto:antidoping@scottishvolleyball.org).

For more information athletes should visit:

-  [World Anti-Doping Agency](#)
-  [UK Anti-Doping](#)
-  [FIVB](#)
-  [CEV](#)
-  [100% Me](#)
-  [Global DRO](#)