

Scottish Volleyball is looking to select one coach to participate in a once-in-a-lifetime opportunity organised by CEV and in cooperation with the Asian Volleyball Confederation (AVC), based in Bangkok, Thailand.

Please see the following details about the programme:

<b>1<sup>st</sup> Week - CEV</b>	
Expert:	<b>Mr. Gert VANDE BROEK</b>
Date/Location:	<b>March 20, 2021 – March 28, 2021 in Belgium</b>
Venue:	<b>Faculty of Movement and Rehabilitation Sciences, University of Leuven (KU Leuven)</b>
Schedule:	See Table 1 <i>Euro-Asia Program CEV</i>

<b>2<sup>nd</sup> Week - AVC</b>	
Expert:	<b>Mr. G.E. Sridharan</b>
Date/Location:	<b>April 19, 2021 – April 25, 2021 in Thailand</b>
Venue:	<b>FIVB Development Centre – Thailand (Bangkok)</b>
Schedule:	See Table 2 <i>Euro-Asia Program AVC</i>

Who are we looking for?

If you meet all (or most of) the criteria below, please send an email to [coaching@scottishvolleyball.org](mailto:coaching@scottishvolleyball.org).

We are looking for your updated CV and a brief motivation letter, explaining why you are the perfect fit for this opportunity.

Deadline to apply is Sunday 13<sup>th</sup> of September 2020 at 4:00 pm.

- 1. Volleyball coach working with underage categories**
- 2. Must have a proficient level of speaking and writing English**
- 3. Age and experience not exclusive**
  - 1. Desirable not over 35**
- 4. Players at the end of their career with a willingness to develop professional coaching career**
- 5. Prepare a motivational letter**

6. **Provide an endorsement letter from a prominent coach or organisation**
7. **Full commitment to follow two weeks programme in total in 2021**
  1. **One week in Europe**
  2. **One week in Asia**
8. **Must be present at the Coaches Convention organised in late 2021**
9. **Sign agreement with Confederations to deliver at least one webinar/seminar for two years in a row (optional for the Confederation to decide)**

All costs related to the project are covered by CEV, except the personal insurance of the participants.

“Everyone’s health and safety is our first priority, and therefore we will closely follow the regulations and protocol of each host country. Should there be any issues related to COVID-19 that compromise the safety of our staff and participants, we will cancel the onsite activities.”, writes Vuk Karanovic, head of development for CEV.

## Euro-Asia Coaches Co-operation project

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Session 1</b> 9h00 - 10h30	ARRIVAL	Introduction: Coaching philosophy	Practical session: youth	Visiting scientific labs: Bakala Academy, MALL & Brain Hub	Return to sport	Team dynamics	DEPARTURE
Coffee break: 10h30 - 11h00							
<b>Session 2</b> 11h00 - 12h30		Coach leadership	Talent identification & talent detection	Athlete leadership	Strength and conditioning: theoretical insights	Presentation group assignment 1	
Lunch: 12h30 - 14h30							
<b>Session 3</b> 14h30 - 16h00		Practical session: U age	Technique analysis/videofeedback	Tactical evolutions in male/female volleyball	Practical session: strength and conditioning	Presentation group assignment 2	
Coffee break: 16h00 - 16h30							
<b>Session 4</b> 16h30 - 18h00		Q&A with coach	Practical session : technique training	Practical session: tactical training	Data analysis and scouting	Group discussion	
Dinner: 19u00 - 20h30							
<b>Evening session</b> 20h30 - 22h00		Coach leadership assessment	Preparation group assignment		City tour	Afterparty	

Table 1

## EURO ASIA COACHES CO-OPERATION PROJECT FROM 19 - 25 APRIL -2021

DATE	10 AM TO 12 PM THEORY	3 PM TO 5 PM PRACTICAL	5.30 PM TO 6.30 PM DISCUSSION	REMARKS
19-04-2021 MONDAY	Coach's Roles, Moral Principles And Behaviour/Talent Identification, Test & Messurment In Volleyball	Services & Reception Technic & Tactic - Game Like	Discussion	
20-04-2021 TEUSDAY	Physical Fitness & Strength Training In Mordern Volleyball	Physical Conditioning & Strength For High Level Volleyball/	Discussion	
21-04-2021 WEDNESDAY	Analyze In Volleyball Definition Of Analysis In Volleyball/ How We Use Of Analyze Software In Volleyball (Player&Team)/ Communication Between Scoutman And Coach' Technique Evaluation Tactical Method	SKILL DEVELOPMENT -SET & ATTACK.	REST	
22-04-2021 THURSDAY	Recovery Methods Concentration Techniques & Injury Prevention Through YOGA Practices.	Yoga Demonstration. Relaxation Breathing Techniques In Yoga.	DISCUSSION	
23-04-2021 FRIDAY	Planning Team Preparation In Periods. Organisation Of Training	Skill Development Block-Dig - Attack Specific Libero Training.	Discussion	
24-04-2021 SATURDAY	Role And Importance Ofphysiotherapist. Injuries To Players And Common Volleyball Injuries & Rehabilitation. Injuries Prevention In Volleyball.	Yoga Demonstration/ Physotherapy In Volleyball Team Preparation & Recovery Team Training Complex 1 & 2	Discussion	
25-04-2021 SUNDAY	Sports Psychology In Volleyball And Fundamental Psychological Skills/ Prohibited Substance/ Drugs And Doping In Volleyball.	CLOSING CERMONY		

Table 2