

## Appendix B: SVL Pre-Match Protocol to be followed for all SVL &amp; Cup matches

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Minutes Before First Ball Served	Action	Action of Referees	Action of Teams
-30:00 (Start of the warm up at which the 1 <sup>st</sup> referee has control)	Check of the Net height and tension, entrance of the teams	Referee's check <ul style="list-style-type: none"> <li>Height and tension of net</li> <li>Position of antennae and side bands</li> </ul>	<ul style="list-style-type: none"> <li>Both teams are requested to enter the playing area</li> <li>Teams wear the official playing uniforms</li> <li>Team documentation handed to the scorer's table</li> </ul>
-14:00	Toss of the coin to choose service and court	<ul style="list-style-type: none"> <li>The two referees' report to the area in front of the scorer's table</li> <li>The 1st referee blows his/her whistle to call the Team Captains</li> <li>The toss of the coin follows and the 1st referee informs the scorer of the result</li> </ul>	<ul style="list-style-type: none"> <li>Both team captains report to the area in front of the scorer's table</li> <li>After the toss:               <ul style="list-style-type: none"> <li>Team captains and coaches sign the scoresheet</li> <li>Teams go to their respective benches and bring in any equipment, which they place behind the team benches</li> </ul> </li> </ul>
13:00	Start of the Official Warm-Up at the net	<ul style="list-style-type: none"> <li>The 1st referee blows the whistle to signal the start of the Official Net Warm-Up (5 minutes minimum for each team or 10 minutes together).</li> <li>The referees:               <ul style="list-style-type: none"> <li>Check the game balls, official playing uniforms, team documentation</li> <li>Give any necessary instructions to Line Judges, ball retrievers, moppers and scorers.</li> </ul> </li> </ul>	The teams: <ul style="list-style-type: none"> <li>Start to warm-up at the net</li> <li>Must wear their playing uniform for the official warm-up</li> </ul>
9:00	Line-Up sheets for the first set	The 2nd referee must: <ul style="list-style-type: none"> <li>Ensure that the coach or assistant coach submits the original signed line up sheet for the first set</li> </ul>	The coach or the assistant coach of each team gives the line-up sheet for the first set to the 2nd referee/ scorer.
3:00	End of team warm up at the net	The 1st referee blows the whistle to indicate the end of the warm-up of the teams	<ul style="list-style-type: none"> <li>At the 1st referee's whistle, teams must stop warming up and immediately return to their own bench</li> <li>If players need to change their jerseys, they must leave the playing court and return immediately with the approval of the 1st referee</li> <li>All players must wear their match uniforms</li> </ul>
1:00	Check court positions of the players matches the Line-up sheet	The 2nd referee: <ul style="list-style-type: none"> <li>Checks the players' standing position, comparing them with those on their respective line-up sheet</li> <li>Invites the Starting Libero to enter, replacing one of the players in the back zone</li> <li>Asks the scorer if he/she has also finished checking and is ready to start (two handed OK from scorer)               <ul style="list-style-type: none"> <li>Gives the ball to the server</li> <li>Gives a two handed OK</li> </ul> </li> </ul>	Both teams are ready to start the match
0:00	First Service	The 1st referee blows the whistle authorising the first service, within the scheduled time.	